

| Sun  | Mon   | Tue                                    | Wed   | Thu                                     | Fri   | Sat   |
|--|---|--|---|---|---|---|
|  |  |  |   |   |  | <b>1</b><br>8:30-9:30am<br>Spinning with Missy    |
| <b>2</b>   | <b>3</b><br>7:30-8:30pm<br>Spinning with Angelia                                  | <b>4</b><br>9-10am<br>Yoga with Brina  | <b>5</b><br>6:30-7:30pm<br>Spinning with Angelia  | <b>6</b><br>9-10am<br>Yoga with Evelyn  | <b>7</b><br>6pm<br>Ballroom Dancing with Juan<br>Join the Team!                     | <b>8</b><br>8:30-9:30am<br>Spinning with Missy    |
|  | <b>10</b><br>7:30-8:30pm<br>Spinning with Angelia                                 | <b>11</b><br>9-10am<br>Yoga with Brina | <b>12</b><br>6:30-7:30pm<br>Spinning with Angelia | <b>13</b><br>9-10am<br>Yoga with Evelyn | <b>14</b><br>6pm<br>Ballroom Dancing with Juan<br>Join the Team!                    | <b>15</b><br>8:30-9:30am<br>Spinning with Missy   |
| <b>ASK ABOUT THE POLAR HEART MONITOR SPECIAL!</b>                                | <b>17</b><br>7:30-8:30pm<br>Spinning with Angelia                                 | <b>18</b><br>9-10am<br>Yoga with Brina | <b>19</b><br>6:30-7:30pm<br>Spinning with Angelia | <b>20</b><br>9-10am<br>Yoga with Evelyn | <b>21</b><br>6pm<br>Ballroom Dancing with Juan<br>Join the Team!                    | <b>22</b><br>8:30-9:30am<br>Spinning with Angelia |
| <b>23</b>  | <b>24</b><br>7:30-8:30pm<br>Spinning with Angelia                                 | <b>25</b><br>9-10am<br>Yoga with Brina | <b>26</b><br>6:30-7:30pm<br>Spinning with Angelia | <b>27</b><br>9-10am<br>Yoga with Evelyn | <b>28</b><br>6pm<br>Ballroom Dancing with Juan<br>Join the Team!                    | <b>29</b><br>8:30-9:30am<br>Spinning with Missy   |
| <b>30</b>  |   |  |   |   |   |   |