


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Experience a Themed Spinning Ride on December 12th! Unique rides created and presented by Angelia!</p>						<p>1 8:30-9:30am Spinning with Fred!</p>
<p>2 Start Your "New Year's Resolutions" today!</p>	<p>Experience The Winter Wonderland Ride on December 12th! Unique rides created and presented by Angelia!</p>	<p>4 9-10am Yoga with Brina - 11am-Noon Zumba with Suzanne</p>	<p>5 6:30-7:30pm Spinning with Angelia</p>	<p>6 9-10am Yoga with Evelyn - 11am-Noon Zumba with Suzanne</p>	<p>7 6pm Ballroom Dancing with Juan Join the Team!</p>	<p>8 8:30-9:30am Spinning with Fred!</p>
<p>9</p>	<p>10 Ask Fred about personal training packages for 2019...</p>	<p>11 9-10am Yoga with Brina - 11am-Noon Zumba with Suzanne</p>	<p>12 Visual Imaging! ANGELIA PRESENTS: Winter Wonderland Holiday Ride 6:30 - 7:30pm</p>	<p>13 9-10am Yoga with Evelyn - 11am-Noon Zumba with Suzanne</p>	<p>14 6pm Ballroom Dancing with Juan Join the Team!</p>	<p>15 8:30-9:30am Spinning with Missy</p>
<p>Give the Gift of Dance this Year! TALK TO JUAN ABOUT PREPAID PRIVATE OR GROUP LESSONS!</p>	<p>17</p>	<p>18 9-10am Yoga with Brina - 11am-Noon Zumba with Suzanne</p>	<p>19 6:30-7:30pm Spinning with Angelia</p>	<p>20 9-10am Yoga with Evelyn - 11am-Noon Zumba with Suzanne</p>	<p>21 6pm Ballroom Dancing with Juan Join the Team!</p>	<p>22 8:30-9:30am Spinning with Fred!</p>
	<p>24 CLOSING AT 2pm TODAY... CLOSED CHRISTMAS DAY... Enjoy a Blessed Holiday with Family and Friends...</p>	 <p>MERRY CHRISTMAS FROM EVERYONE AT THE FITCLINIC</p>	<p>26 6:30-7:30pm Spinning with Angelia</p>	<p>27 9-10am Yoga with Evelyn - 11am-Noon Zumba with Suzanne</p>	<p>28 6pm Ballroom Dancing with Juan Join the Team!</p>	<p>29 8:30-9:30am Spinning with Missy</p>

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Happy New Year from All of Us at The Fitness Clinic!  
Make 2019 your best year ever. You can, and we can show you how...

