

DON'T TELL PEOPLE ABOUT YOUR GOALS – LET US HELP YOU SHOW THEM! GET YOUR ASSESSMENT AND PRESCRIPTION NOW!

FITCLINIC.COM

MAY 2018 Class Schedule

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne	2 6:30-7:30pm Spinning with Angelia	3 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne	4 6pm Ballroom Dancing with Juan	5 8:30-9:30am Spinning with Missy
6 THE FITNESSCLINIC 	7	8 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne	9 6:30-7:30pm Spinning with Angelia	10 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne	11 6pm Ballroom Dancing with Juan	12 8:30-9:30am Spinning with Missy
13	14	15 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne	16 6:30-7:30pm Spinning with Angelia	17 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne	18 6pm Ballroom Dancing with Juan	19 8:30-9:30am Spinning with TBA!
20	21 	22 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne	23 6:30-7:30pm Spinning with Angelia	24 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne	25 6pm Ballroom Dancing with Juan	26 8:30-9:30am Spinning with Missy
27	28	29 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne	30 6:30-7:30pm Spinning with Angelia	31 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne	<p>No Time? No Problem! Fitness in Thirty Minutes... - See Nick or Fred Now -</p>	