

DON'T TELL PEOPLE ABOUT YOUR GOALS – LET US HELP YOU SHOW THEM! GET YOUR ASSESSMENT AND PRESCRIPTION NOW!

FITCLINIC.COM

MAY 2018 Class Schedule

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|--|--|--|
| |  | 1 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne | 2 6:30-7:30pm Spinning with Angelia | 3 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne | 4 6pm Ballroom Dancing with Juan | 5 8:30-9:30am Spinning with Missy |
| 6 THE FITNESSCLINIC  | 7 | 8 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne | 9 6:30-7:30pm Spinning with Angelia | 10 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne | 11 6pm Ballroom Dancing with Juan | 12 8:30-9:30am Spinning with Missy |
| 13 | 14 | 15 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne | 16 6:30-7:30pm Spinning with Angelia | 17 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne | 18 6pm Ballroom Dancing with Juan | 19 8:30-9:30am Spinning with TBA! |
| 20 |  | 22 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne | 23 6:30-7:30pm Spinning with Angelia | 24 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne | 25 6pm Ballroom Dancing with Juan | 26 8:30-9:30am Spinning with Missy |
| 27 | 28 | 29 9-10am Yoga with Brina – 11am-Noon Zumba with Suzanne | 30 6:30-7:30pm Spinning with Angelia | 31 9-10am Yoga with Evelyn – 11am-Noon Zumba with Suzanne | <p>No Time? No Problem! Fitness in Thirty Minutes... - See Nick or Fred Now -</p> | |